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## Client Performance Contract

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We at Competitive Edge Performance Training, L.L.C. (CEPT) want you to be committed to becoming a better athlete. We believe in you and want to help you achieve your athletic dreams. This contract represents a partnership between you and CEPT.

I, \_\_\_\_\_, commit myself to fulfill all parts of the CEPT training program. Beginning \_\_\_\_\_ 20\_\_\_\_\_, I will daily commit myself to strive for excellence, both physically and personally. I will work out a minimum of 2-3 days per week for the sport of \_\_\_\_\_. I will pre- and post-test, maintain accurate records of my training regimen, and try to improve my overall nutrition on an ongoing basis.

Partner in Excellence:

\_\_\_\_\_  
(Signature of Competitive Edge Representative)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(Date)

Client:

\_\_\_\_\_  
(Signature of Client)

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(Date)